

{ **Healing Tincture** }

INGREDIENTS

1/4 oz cannabis
1 C vegetable
glycerin

DIRECTIONS

STOVETOP

- Rinse or blanch your cannabis to clean
- Pour vegetable glycerin in saucepan
- Break in cannabis with your fingers
- Cook on low-med (don't boil)
- Stir every 90 minutes
- Strain after 8 hours with fine metal sieve or cheesecloth

-or-

CROCKPOT

- Rinse or blanch your cannabis to clean
- Pour vegetable glycerin in slow cooker
- Break in cannabis with your fingers
- Cook on low for 8 hours
- Stir every 90-180 minutes
- Strain after 8 hours with fine metal sieve or cheesecloth

COOK TIME

8 hours

SERVES

Up to you :)

RECIPE BY



Mary W

RECIPE BY



Nebber